



INFO PACK

WWW.WAITEMATAFC.ORG.NZ



Welcome to Waitemata FC

We're absolutely thrilled to kick off the 2025 football season with you!

To our new members – Welcome to the Waitemata family! Thank you for choosing us as your football home. We can't wait to see you out on the field and be part of your football journey.

To our returning members – Welcome back, legends! Let's build on the incredible foundations we've laid and make 2025 our best season yet.

Waitemata FC is more than just a football club—it's a community. Based in Te Atatu South, we're all about creating a fun, safe, and supportive environment where people of all ages and backgrounds can enjoy the beautiful game, hone their skills, and make lifelong memories.

At the heart of our club are values like teamwork, sportsmanship, respect, and kindness. Whether you're here to compete, learn, or just enjoy the camaraderie, you're an important part of what makes Waitemata FC special.

This Welcome Pack is your ultimate guide to navigating the season ahead, so dive in and get ready to hit the ground running.

We can't wait to see you on the pitch—let's make 2025 unforgettable!

WELCOME



Our Little league program is for children born in 2020/21 (4th & 5th grade) and runs every Friday evening starting Friday 4th April from 5.30-6.30pm at McLeod Park.

LEARN THROUGH PLAY

Little league consists of fun football games and activities designed to help boost confidence, keep you fit and active, improve coordination, and build a base of fundamental football skills like dribbling, turning, passing, shooting and defending.

We finish every session with small sided games (2v2 / 3v3) so our young football super stars can practice what they have learned.

Our Little League program is delivered by the clubs youth and senior players.

REGISTER

All players must be registered to play. You can register at www.waitematafc.org.nz/register

UNIFORM

All players must wear appropriate covered footwear - no bare feet or jandals.

There is no uniform requirement for Little League. However, if you would like to purchase the Waitemata FC playing uniform, you can do so by visiting our online store:

<https://interfootball.co.nz/collections/waitemata-afc-club-shop>

LITTLE LEAGUE



Our First Kicks program is for all children born between 2017–2019 (6th to 8th grade).

First Kicks football is all about keeping fit and active while having loads of fun, making new friends, boosting confidence, playing with others, and learning new skills.

TRAINING

All 6th–8th grade training is delivered by volunteers every Wednesday from 5:00–6:00 pm, starting Wednesday, 19th March.

- **March: All training will be at Te Atatu South Park.**
- **April: All training will be at McLeod Park.**

Waitemata FC uses a ‘station rotation’ training program for our First Kicks children. Depending on the number of players, we set up stations with different games being played at each one. The children rotate every 10–12 minutes, meaning they play a variety of fun games. Every session ends with small-sided games from 3v3 to 5v5.

GAME DAY

Waitemata FC 6th grade Game Day is played in-house, but our 7th and 8th grade is part of the ‘Western Junior Framework,’ meaning our Game Days consist of playing against other local teams from West Auckland. It’s super fun!

6th Grade (born 2019)

- Location: Waitemata FC, McLeod Park
- Time: 5:30 pm–6:30 pm every Friday, starting 4th April
- Format: Warm-up followed by 3 x 10-minute games

7th Grade (born 2018)

- Location: Oratia United FC, Parrs Park
- Time: 8:30 am–9:30 am every Saturday morning, starting 5th April
- Format: 3 x 15-minute games

8th Grade (born 2017)

- Location: Waitemata FC, McLeod Park
- Time: 8:30 am–9:30 am every Saturday morning, starting 5th April
- Format: 3 x 15-minute games

FIRST KICKS



MUSTERS

MUSTERS

Muster sessions bring together Junior, Youth, and Community Senior players for a chance to meet, kick the ball around, and find the team that will provide the best experience for the season ahead.

We offer mixed (boys and girls) and girls-only teams in Junior and Youth football, as well as all levels of Men's and Women's Senior football. For assistance in finding the right team, email dof@waitematafc.org.nz.

JUNIORS

9th to 12th Grade

- Dates: Sunday 2nd & 9th March, 2025
- Location: Te Atatu South Park
- Time: TBC
- Mixed boys & girls teams and girls-only teams available.

YOUTH

13th & 17th Grade

- Dates: Sunday 2nd & 9th March, 2025
- Location: Te Atatu South Park
- Time: TBC
- Mixed boys & girls teams and girls-only teams available.

SENIOR MEN

Community / O35 / O45

- Date: Sunday 2nd March, 2025
- Location: McLeod Park
- Time: 6:30 pm - 7:30 pm



JUNIORS

JUNIOR FOOTBALL

For children born between 2013–2016, Junior Football focuses on developing technical skills and decision-making in a safe, fun environment.

While refining their football techniques, players are introduced to structured gameplay, including positions and basic team tactics. Each child will rotate through all positions throughout the season, helping them build well-rounded skills and a deeper understanding of the game.

TEAM SELECTION

Waitemata FC does not assign A, B, or C teams in the 9th–12th grades. Teams are selected based on the following criteria:

- Friendship groups
- Association with the coach
- Best experience for the player
- General allocation

We will always strive to ensure your child is placed with their preferred coach or friends. Player allocations are managed by the coaches with support from the Director of Football.

PLAYING FORMAT

9th/10th Grade

- Teams: 7v7 (with goalkeepers)
- Field size: 55m x 35m
- Goal size: 4m x 2m
- Ball size: 4
- Retreating line: Yes
- Game length: 50 minutes
- Games: Home and away

11th & 12th Grade

- Teams - 9v9 (with GK's)
- Field size - 70 x 50m
- Goal size - 4x2m
- Ball Size - 4
- Retreating line - Yes
- Game length - 55-minutes
- Home and away games

TRAINING

Junior teams typically train once or twice a week, depending on the coach's availability. Sessions are held at McLeod Park or Te Atatu South Park.

GAMES

All junior games are played on Saturday mornings. Home games take place at McLeod Park, while away games are held at the opposing team's venue. The Northern Region Football (NRF) schedules games against local teams to minimize travel.

NRF does not publish results or league tables for juniors, emphasizing enjoyment and development over competition.

For more details about Junior Football, please refer to the NRF document [here](#).



YOUTH

Youth teams are graded by Northern Regional Football (NRF) and offer varying levels of competition from community to elite. All youth teams play on a Saturday or Sunday depending on the level of competition.

Youth teams are selected on the following criteria:

- The level of competition being appropriate to the players ability
- The best experience for the player
- Friendship groups (community competition only)

Where possible, Waitemata FC will make every effort to accommodate all players to the level of competition they wish to play.

PLAYING FORMAT

13th grade girls	9v9	2 x 30 minute halves
13th grade	11v11	2 x 30 minute halves
14th grade	11v11	2 x 35 minute halves
15th grade	11v11	2 x 40 minute halves
16/17th grade	11v11	2 x 45 minute halves

TRAINING

Youth teams typically train once or twice a week depending on the availability of the coach and the level of competition. All sessions will take place at either McLeod Park or Te Atatu South Park.

GAMES

All NRF youth community football games are played on Saturday afternoon. NRF Championship / Conference games are played on Sunday.

Home games are typically played at McLeod Park and away games at the opposing team venue. Games are played all across Auckland and in some cases as far as Whangarei, Northland.

Draws / Results / League tables can be found on the NRF website - www.nrf.org.nz

YOUTH



INFORMATION

REGISTER

Online registrations open **Monday 20th Jan, 2025**. You can register on the club website: www.waitematafc.org.nz/register

FEES

- Little league (born 2020-21) - \$20
- 6th Grade (born 2019) - \$49
- 7th to 8th grade (born 2017 - 18) - \$99
- Juniors 9th to 12th grade (born 2013 - 16) - \$179
- Youth 13th to 19th grade (2006 - 12) - \$199
- Community Senior - \$225
- Men's & Women's 1st / U23's - \$250

Fees are now to be paid during the registration process. If you have difficulty paying fees or would like to set up a payment plan, contact admin@waitematafc.org.nz

UNIFORM

All Waitemata FC First Kicks, Juniors, Youth and Senior players are required to wear the official club playing shirt, available for purchase from our kit supplier, Inter Football:

<https://interfootball.co.nz/collections/waitemata-afc-club-shop>

Players also need to wear red shorts and red socks, which can be purchased from Inter Football or from a retailer of your choice. A limited stock of uniform items is available at the club, or you can purchase online through our [club store](#).

KEY CONTACTS

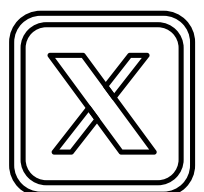
Club President - president@waitematafc.org.nz

Director Of Football - dof@waitematafc.org.nz

Administrator/Registrations - admin@waitematafc.org.nz

SOCIAL MEDIA

Keep up to date with all the latest info by giving our social media pages a like/follow:





UPCOMING

January

- **Monday 20th** - 2025 Online Club Registrations Open
- **Tuesday 21st to Thursday 23rd** - School Holiday Program
- **Tuesday 28th to Thursday 30th** - School Holiday Program

February

- **Sunday 23rd** - Club Open Day

March

- **Sunday 2nd & 9th** - Junior & Youth Muster Sessions
- **Sunday 16th** - Junior and Youth Level 1 coaching course
- **Sunday 23rd** - Junior and Youth Level 2 coaching course
- **Saturday 29th** - Men's 1st & U23's Kick-Off
- **Saturday 29th** - Women's Cup Final vs Onerahi FC, Whangarei

April

- **Friday 4th, Saturday 5th & Sunday 6th** - NRF Community Football Season Kicks-Off For All Teams
- **Tuesday 15th to Thursday 17th** - School Holiday Program
- **Tuesday 22nd to Thursday 24th** - School Holiday Program